

Denver
Meditation Group
 Of
Self-Realization Fellowship

"Resurrect yourself from the littleness of life, the little things that disturb you."

- Paramahansa Yogananda
 Where There Is Light

Schedule of Services

April ▫ May ▫ June
 2023



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 303-547-6147; Email: srfdenver@gmail.com
 Web site: www.srf-denver.org

Sunday Readings Schedule

April

- 2 Jesus Christ and His Teachings (II/14) *
- 9 The Resurrection of Christ Within You (II/15) **Easter**
- 16 How to Fulfill Your Role in Life (II/16)
- 23 The Power of Concentration (II/17)
- 30 Sojourn in Freedom: The Astral Universe (II/18)

May

- 7 God-Mindedness: The Key to Freedom (II/20) *
- 14 God's Nature in the Mother (II/19) **Mother's Day**
- 21 The Cosmic Play of Life and Death (II/21)
- 28 Success Through Superconscious Power (II/22)

June

- 4 Uniting Religion Through Practice of Yoga (II/23) *
- 11 Even-Mindedness Is Yoga (II/25)
- 18 God's Nature in the Father (II/24) **Father's Day**
- 25 The Science of Kriya Yoga (II/27)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School: (All ages)	10:00 – 11:00 a.m. (1 st Sunday / mo.)
Sunday School: (All ages)	10:00 – 11:00 a.m. (2 nd Sunday / mo.)
Bookroom open most Sundays	After the services

Thursday Evenings

Inspirational Service	Suspended for now
Prayer Service	Suspended for now

Saturday Mornings

3-hour Meditation 2 nd & 4 th Saturdays / mo.	8:30 – 11:30 AM
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Special Services and Events

Guided Meditation during Readings Service
 * First Sunday each month 10:00 – 11:00 a.m.

Family Easter Egg Hunt
 Sunday, April 9th: 11:00 – 11:30 a.m.

Day of Service
 Saturday, May 6th: 12:30 – 2:30 p.m.

Birthday of Swami Sri Yukteswar
 Sunday, May 7th: 11:30 a.m. – 12:30 p.m.

Fellowship Gatherings
 Vegetarian potluck As announced
 Weekly Fellowship "Meet and Greet" *Sundays*
following the Readings Service

Building Update

After much delay, the windows that were vandalized on the parking lot side of the chapel were finally installed in February 2023! In addition, the security screens were installed in February on all of the windows on the chapel! The security fencing (see picture below) was also installed in March! Many thanks to all who have helped to make our property more safe and secure! Future or ongoing projects include landscaping in front of chapel around the new fencing as well as new insulation above the chapel.



Harmonium Classes

Our monthly classes on “How to Play the Harmonium” began in March 2022 and they have been a tremendous success! Attendance has been strong and consistent (see picture below from a recent class). If you are interested in learning how to play Master’s Cosmic Chants on the harmonium, please speak with Geoff. The classes are open to everyone.



Day of Service

On Saturday May 6th we will have a Day of Service at the Center and in the garden from about 12:30 until 2:30 PM. Volunteer activities will include cleaning, gardening, and organizing. Please join us for at 11:30 AM for a light lunch and fellowship before our work starts. We hope you can join us to practice some karma yoga!

Convocation 2023: July 30 – August 5

After several years of online-only SRF Convocations, the in-person Convocation is scheduled to resume this summer at the Bonaventure Hotel in Los Angeles. We encourage you to join some of your fellow Denver Meditation Group devotees and thousands of other SRF members from around the world. If you've never attended one of these events, we hope that you can make this your first of many. Included in the inspiring week are lectures, satsangas, kirtans, meditation, and pilgrimages to your favorite pilgrimage spots like Hollywood Temple, Lake Shrine, Mother Center, and Encinitas. The Convocation lectures and classes will also be available online, as they have been for the past couple of years during the pandemic.

Rocky Mountain Yogis Retreat October 6-8, 2023

The next Rocky Mountain Yogis Retreat with a theme of “Finding Peace and Joy in Meditation” will take place at the Franciscan Retreat Center in Colorado Springs. The picture above right shows retreatants practicing the energization exercises at a recent self-led retreat. Please mark your calendars and look for email and website

updates. Registration will start in June. We look forward to seeing many of you there.



2024 DMG Centennial Celebration

Believe it or not, the Denver Meditation Group will be 100 years young next year! Our group started meeting in August 1924 during Master’s first visit here. He was on his first cross-country lecture tour, traveling from the East coast to the west coast; Denver was his first major lecture destination on his trip. If you have any ideas for our celebration, activities, or events, please speak with Geoff or a council member.

Picture on Front of Newsletter

Picture of one of our new security screens, which were installed in February 2023 on all of our windows on the chapel building.

Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Jennifer Schofield
Treasurer	Ricardo Coward
Secretary	Veronica Booz
Member at large	Ron Torp
Member at large	Kelly Yousem