

Denver

Meditation Group

Of

Self-Realization Fellowship

"To wish for perfection for the loved one, and to feel pure joy in thinking of that soul, is divine love; and that is the love of true friendship."

- Paramahansa Yogananda
Where There Is Light

Schedule of Services

January □ February □ March
2020



1360 Garrison Street, Lakewood, CO, 80215
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Web site: www.srf-denver.org

Sunday Readings Schedule

January

- 5 *Bro. Chidananda Live-stream Satsanga*
- 12 Man – The Image of God (III/2)
- 19 Meditation – the Transcendental Way to God (III/3)
- 26 How to Rise Above Your Problems (III/4)

February

- 2 Habits – Your Master or Your Slave? (III/5) *
- 9 Lord, Possess Us with Thy Love (III/6)
- 16 The Science of Affirmation (III/7)
- 23 The Dream Nature of the World (III/8)

March

- 1 Secrets of Success (III/9)*
- 8 Follow the Path of the Great Ones (III/10) *Daylight Savings Time begins*
- 15 Seek God Through Kriya Yoga (III/11)
- 22 How to Get Along with Others (III/12)
- 29 In God is All Happiness (III/14)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School	10:00 – 11:00 a.m.
Sunday School starts up again on January 12th	

Thursday Evenings

Inspirational Service	7:30 – 8:45 p.m.
Prayer Service	8:45 – 9:00 p.m.

Saturday Mornings

3-hour Meditation	8:30 – 11:30 a.m.
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Special Services and Events

Guided Meditation during Readings Service

* First Sunday each month 10:00 – 11:00 a.m.

Birthday for Paramahansa Yogananda

Sunday, January 5: 11:30 a.m. – 1:00 p.m.

All-Day Meditation for Paramahansa Yogananda

Saturday, January 11: 9:00 a.m. - 4:00 p.m.

Monthly DVD Showing

Sunday, January 12: 11:45 a.m. - 12:45 p.m.

Six-Hour Meditation

Saturday Feb. 1 8:30 a.m. - 3:00 p.m.

General Meeting

Sunday, February 2: 11:45 a.m. – 12:30 p.m.

Mahasamadhi for Paramahansa Yogananda

Saturday, March 7: 7:30 p.m. – 9:00 p.m.

Mahasamadhi for Swami Sri Yukteswar

Monday, March 9: 7:30 p.m. – 9:00 p.m.

Daylight Savings Time Begins – Spring Ahead!

Sunday, March 8: Set your clocks ahead 1 hour

Social Gatherings

Vegetarian potluck* Jan. 12, Feb. 2, Mar. 1

*Generally held after the Readings Service on the 1st Sunday of the month

Weekly Fellowship "tea" generally held on the 2nd – 5th Sundays each month Following the Readings Service

Property Updates

At a General Meeting on September 29, 2019 a quorum of about 20 DMG devotees discussed and approved plans to address a drainage problem between the two buildings. We also discussed and approved a proposal to install a patio between the chapel and back buildings, replacement of a damaged fence along the south side of our property, shortening of the fence between the meditation garden and the patio area, as well installation of a larger shed to accommodate needed storage. Installation of the patio saved the DMG about \$10,000 compared to installation of a deck, which was previously considered. We are very pleased to announce that all of these projects were completed during the last quarter of 2019!!!



The picture above shows installation of the underground drainage system, to prevent flooding in the back building.



The picture on the lower left shows the completed patio and new sod in the yard.



Following the 9/29/2019 meeting, the building committee determined that it was more cost effective for the DMG to simply extend our existing shed, instead of having a new one built. This change saved the DMG several thousand dollars! The picture above shows the framed-in shed extension under construction on the east side of the back building. The shed construction is now completed.

General Meeting & Elections

We will be holding a general meeting on February 2, 2020 following the Readings Service to give everyone an update on our accomplishments this past year, to discuss plans for this coming year, and to hold elections for service readers. As usual, our council members will be appointed by Center Department. To nominate someone as service reader, or you if want to volunteer yourself, please write the person's name, along with the position title on a slip of paper and place it in the suggestion box in the foyer.

If you have any issues that you would like discussed at the meeting please place these in the suggestion box or speak with a council member.

Service Reader Meeting

On February 9, 2020 following the Readings Service we will have a service reader meeting in the chapel. All service readers please plan on attending. Please contact Owen if you have any questions.

Rocky Mountain Yogis Retreat October 30 – November 1, 2020

The next Rocky Mountain Yogis Retreat will take place at the Franciscan Retreat Center in Colorado Springs October 30 - November 1, 2020. Please mark your calendars and look for email and website updates. We look forward to seeing many of you there.

Fall 2021 SRF Lecture Tour

We are very happy to announce that monastics from the Self-Realization Fellowship headquarters will be coming to Denver to lead a Center Tour program of activities September 24-26, 2021. The tentative program will include public lectures, techniques review classes, Kriya initiation, meditations, a class on particular aspects of the spiritual life, a satsanga, and special video/DVD showing. We are currently in the process of finding a suitable location for the public lectures. If you would like to help with the planning please contact a council member.

Thank You!!!

We sincerely thank all those who have helped with recent Center projects, including completing Building and landscaping projects, completing the video-security system, cleaning and decorating the Center, making and selling holiday crafts with the Youth Group, and delivering the holiday drive donation items. We appreciate all of the devotees and friends who support and serve our Center throughout the year in so many ways, with your gifts, participation, service and prayers.

Picture on Front of Newsletter

Some of the Denver Meditation Group devotees who joined in on the Day of Service on November 30, 2019. Many thanks to all of you who helped beautify and maintain our property!

Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Nancy Netz	303-525-8358
Treasurer	Jennifer Schofield	303-941-7219
Secretary	Edna Rascon	720-880-8126
Member at large	Steve Malkewicz	303-349-1411
Member at large	Valerie Coward	720-203-9242