

Denver Meditation Group Of Self-Realization Fellowship

"By scientific yoga meditation, establish your palace of peace on the rock of ages, the indestructible inner peace of God."

- Paramahansa Yogananda
Inner Peace

Schedule of Services

October □ November □ December
2021



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Web site: www.srf-denver.org

Sunday Readings Schedule

October

- 3 Live in Constant Remembrance of God (III/40)
- 10 Healing Body, Mind, and Soul (III/41)
- 17 How to Read Character (III/42)
- 24 The Scientific Art of Living (III/43)
- 31 Yoga for Westerners (III/44)

November

- 7 How to Dissolve the Causes of War (III/45)*
- 14 Inner Resources of Health and Energy (III/46)
- 21 How to Attune with Divine Will (III/47)
- 28 Understanding the Unreality of Matter (III/48)

December

- 5 The Three Instruments of Knowledge (III/49) *
- 12 Four Kinds of Men (III/50)
- 19 Happiness Through Attunement with Christ (III/51)
- 26 Higher Achievements in the New Year (III/52)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Reading Service	10:00 – 11:00 a.m.
Sunday School	Suspended for now

Thursday Evenings

Inspirational Service	Suspended for now
Prayer Service	Suspended for now

Saturday Mornings

3-hour Meditation	Suspended for now
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Special Services and Events

2021 Rocky Mountain Yogi Retreat

Suspended this year due to the pandemic

Daylight Savings Time Ends – Fall Back!

Sunday, November 7: Set your clocks back 1 hour

All-Day Christmas Meditation Service

Saturday, December 18: 9:00 a.m. – 4:00 p.m.

New Year's Eve Meditation

Tuesday, December 31: 11:30 p.m. – 12:15 a.m.
Chapel open at 10:00 PM for personal meditation

Guided Meditation during Readings Service

* First Sunday each month 10:00 a.m. – 11:00 a.m.

Six-Hour Meditation

1st Saturday each month Suspended for now

Social Gatherings

Vegetarian potluck Suspended for now

Weekly Fellowship "Meet and greet" Sundays following the Readings Service

DMG Services Have Resumed

Denver Meditation Group (DMG) in-person Sunday services began once again on June 27, 2021 and have been held weekly ever since. In addition to seating in the chapel, outside seating for our services is available on our patio, weather permitting, with audio and video live streamed via Zoom (see the picture on the cover of this newsletter). We continue to follow CDC and Jefferson County guidelines requesting that all attendees wear a face covering inside our buildings, regardless of vaccination status. Guidelines for attending our in-person services can be found on our web site (www.srf-denver.org). The SRF online meditations continue to be available (<https://srfonlinemeditation.org>).

Property Updates

The DMG held a general meeting on August 1st to discuss and decide upon three important upgrades to our chapel and property. The group approved the installation of a digital sound system that includes speakers in the chapel, meditation garden, patio, and back building, all controlled by an iPad. The system was installed in August. Total cost of the system was \$5,000, with half of that cost donated by a devotee.

A new project to seal our parking lot also was approved at the August 1st meeting and has also been approved by Mother Center. The estimated cost of the project is \$2,852. A few final details are being worked out between the contractor and Mother Center before the work begins, hopefully this fall.

Purchase of a gardening storage shed was discussed and approved at the August 1st meeting. All gardening supplies and tools will be moved from our main storage shed to

this shed, making room in the main shed for chairs and other supplies currently stored in the main building. The cost of the gardening shed was \$958, a savings of about \$4,000 compared to the amount approved by the congregation for this project!

The project to add an ADA compatible bathroom in the foyer, as well as a door separating the foyer and chapel, is moving forward. The door has been ordered and other building materials are being selected. We hope to have this project completed this fall.

No Rocky Mountain Yogis Retreat in 2021

Due to uncertainties relating to the ongoing Covid-19 pandemic, we have not scheduled a self-led retreat this year. Our next self-led retreat will be held October 7-9, 2022.

History Corner

Excerpts from a March 18, 2017 San Diego Union-Tribune Newspaper Article: "The terrazzo steps are still intact (see picture below), perched at



cliff's edge like a gateway to the vast expanse of ocean and sky beyond. However, the majestic Golden Lotus Temple once attached to the steps (see picture above right) disappeared in 1942, crumbling down the cliff at Swamis Point only five years after its construction. From its dedication in 1937 to its destruction in July 1942,



thousands of people flocked to the temple to learn Kriya yoga and seek enlightenment, including celebrities such as Greta Garbo. Followers removed Oriental rugs and other furnishings from the slipping structure, which were later used for temples in Hollywood and San Diego."

"The four golden Lotuses of the former temple now adorn an arch facing the Mahatma Gandhi World Peace Memorial at the Self-Realization Lake Shrine in Pacific Palisades."

"In the March 18, 2017 San Diego Union-Tribune Newspaper Article Brother Ramananda is quoted as saying that there are plans to construct another Golden Lotus Temple on the Encinitas Self-Realization Fellowship grounds in the future. 'That's one project we're working on,' Ramananda said."

Picture on Front of Newsletter

Altar and seating on our patio on June 27, 2021, our reopening service, the first since our in-person services were suspended beginning in March 2020 at the start of the Covid-19 pandemic.

Council Members

Please feel free to contact any of the council members with any suggestions or comments.

Coordinator	Nancy Netz	303-525-8358
Treasurer	Jennifer Schofield	303-941-7219
Secretary	Edna Rascon	720-880-8126
Member at large	Steve Malkewicz	303-349-1411
Member at large	Valerie Coward	720-203-9242