

*Denver*  
**Meditation Group**  
 Of  
**Self-Realization Fellowship**

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*"Giving happiness to others is tremendously important to our own happiness, and a most satisfying experience. Some people think only of their own family: "Us four and no more." Others think only of self: "How am I going to be happy!" But these are the very persons who do not become happy!"*

- Paramahansa Yogananda  
 Where There Is Light

## Schedule of Services

October □ November □ December  
 2023



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### Sunday Readings Schedule

#### *October*

- 1 The Most Tempting Temptation (II/40)
- 8 Practical Methods for Spiritual Growth (II/41)
- 15 Reincarnation (II/42)
- 22 Cultivate Your Desire For God (II/43)
- 29 Harmonizing Work and Meditation (II/44)

#### *November*

- 5 Why God Does Not Stop War (II/45)\*
- 12 Gaining the Wealth of Inner Happiness (II/46)
- 19 Limited and Unlimited Methods of Healing (II/47)
- 26 The Soul's Three Encasements (II/48)

#### *December*

- 3 Receiving God's Answer to Your Prayers (II/49) \*
- 10 Miracles of Raja Yoga (II/50)
- 17 The Purpose of Life Is to Find God (II/52)
- 24 Receive the Christ Consciousness (II/51)
- 31 Controlling Your New Year's Destiny (I/52)

### Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School: (Ages 4 and older)	10:00 – 11:00 a.m.
<i>Note: No Sunday school on Oct. 8<sup>th</sup></i>	
Bookroom open most Sundays	After the services

### 1<sup>st</sup> & 3<sup>rd</sup> Thursday Evenings

Inspirational Service	6:30 – 7:45 p.m.
Prayer Service	7:45 – 8:00 p.m.

### 2<sup>nd</sup> and 4<sup>th</sup> Saturday Mornings

3-hour Meditation	8:30 – 11:30 AM
<i>Except for Dec. (1<sup>st</sup> Sat.)</i>	

### Special Services and Events

#### **Birthday of Lahiri Mahasaya**

Sunday October 1	11:30 – 1:00 p.m.
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#### **Member-Led retreat**

At Franciscan Retreat Center in Colorado Springs,  
 October 6-8

**Daylight Savings Time Ends – Fall Back!**  
 Sunday, November 5: Set your clocks back 1 hour

**All-Day Christmas Meditation Service**  
 Saturday, December 16: 9:00 a.m. – 4:00 p.m.

**Guided Meditation during Readings Service**  
 \* First Sunday each month 10:00 – 11:00 a.m.

**Six-Hour Meditation**  
 First Saturday each month Suspended for now

### Fellowship Gatherings

Vegetarian potluck Oct. 1, Nov. 5, Dec. 17  
 Weekly Fellowship "Meet and Greet" on other Sundays  
 following the Readings Service

## Property Updates

A new awning was installed in August to cover our patio area, to be used for various events and activities! It's a very attractive and functional addition to our Center. Many thanks to all those who helped make it happen.



## Decorating the Denver Meditation Group Center for Christmas

We will be putting up our Christmas decorations for the Denver Meditation Group center on Saturday December 2nd following our 3-hour meditation and a light lunch (which will be provided). We hope that you can join us for this joyous afternoon of service!



## All-Day Christmas Meditation

Our All-Day Christmas Meditation will be held on December 16th from 9:00 a.m. to 4:00 p.m. We hope you can join us for the special day, as this service is always a very joyful and inspiring event for devotees world-wide.

## Sunday School & Teen Group

Our Sunday School (ages 4 and older) has resumed and will be meeting every Sunday during the Readings Service (10:00-11:00 am). We will not hold Sunday School classes on October 8<sup>th</sup>, however, due to our retreat that weekend. The teens, parents, and instructors are looking forward to a new year of fun-filled activities and services.

If you are interested and able to serve Master's children in any capacity please speak with a council member. With a rotating schedule, Sunday school instructors and assistants need only commit to helping about once per month. Teachers must be a kriyaban and assistants must be an SRF Lessons student.

## “Only begotten Son” refers not to Jesus’ body, but to his Christ Consciousness

Saint John said: “God so loved the world, that He gave His only begotten Son” to redeem it. (John 3:16) and “As many as received him, to them gave he power to become the sons of God” (John 1:12).

Interpretation of above Bible text by Paramahansa Yogananda from *The Second Coming of Christ, The Resurrection of the Christ Within You* (page 17, an excerpt): The plural number in “sons of God” shows distinctly, from the teachings he received from Jesus, that not the body of Jesus but his state of Christ Consciousness was the only begotten son.

...that is, God the Father remained hidden beyond the vibratory realm that went out from His Being, but then secreted Himself as the Christ Intelligence in all matter and in all living beings in order to bring, by beautiful evolutionary coaxings, all things back to His home of everlasting Blessedness.

## DMG Potlucks Resume

Our potlucks have resumed on the first Sunday of each month, after being suspended due to the Covid epidemic.



## Picture on Front of Newsletter

Painting by Bartolome' Murillo of the infant Jesus with Mary and Joseph, from page 94.5 in *The Second Coming of Christ, The Resurrection of the Christ Within You*, by Paramahansa Yogananda.

## Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Jennifer Schofield
Treasurer	Ricardo Coward
Secretary	Veronica Booz
Member at large	Ron Torp
Member at large	Kelly Yousem