# Self-Realization Fellowship Rocky Mountain Yogis Devotee-led Silent Retreat October 11-13, 2024

The Denver Meditation Group of Self-Realization Fellowship will hold a devotee-led silent retreat. Self-Realization Fellowship *Lessons* students are welcome to attend. This is a wonderful opportunity to withdraw from the distractions of daily life and actively seek God.

Silence is maintained throughout the retreat including on the grounds and at meals. To maximize the effects of the retreat experience, guests are expected to participate in the full retreat program and not engage in other activities during their stay.



### Retreat Theme: Opening Our Hearts and Minds to the Guru

The retreat will be held at the <u>Franciscan Retreat Center</u> in Colorado Springs. **Registration deadline** is September 23.



Marian Hall at the Franciscan Retreat Center

"I want your life to unfold in a perfect blossom, and I want to gather you all as a fragrant bouquet, and to lay you at the feet of God."

— Paramahansa Yogananda as recalled by Sri Mrinalini Mata

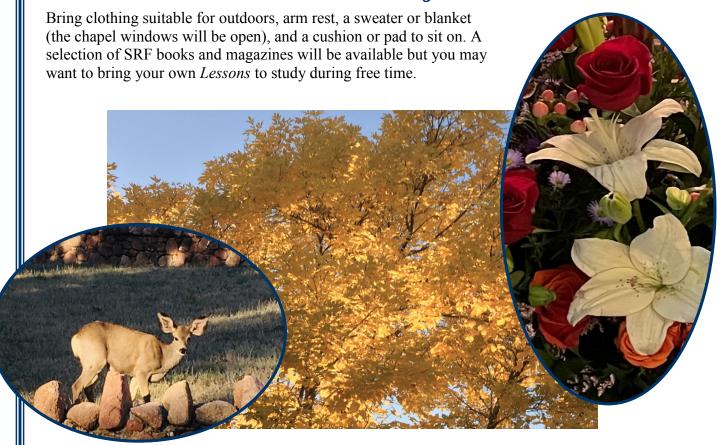
#### Retreat Schedule

Check-in is from 3:00 - 5:00 p.m. on Friday and the retreat ends at 1:30 p.m. on Sunday. A detailed retreat schedule will be emailed to registrants in September.



Rocky Mountain Yogis Retreat in Colorado Springs, Colorado, 2023

#### What to Bring



"O Guru, thou didst lift me out of the land of bewilderment into the paradise of peace. My slumber of sorrow has ended, and I am awake in joy."

— Paramahansa Yogananda

#### **REGISTRATION FORM**

### Self-Realization Fellowship Rocky Mountain Yogis Devotee-led Silent Retreat October 11-13, 2024

You can fill out this form online and then print it. Or you can print this form and fill it out by hand. **Please print legibly.** 

Enclose this completed form with a check payable to Self-Realization Fellowship and mail to: Self-Realization Fellowship, 1360 Garrison Street, Lakewood, CO 80215. Registrations without checks will not be accepted.

	Phone
City	StateZip
Male Female	Require handicapped access? Yes
	ne Franciscan Retreat Center are simple yet comfortable. Rooms are shared with one te bathrooms but some share these facilities. Rooms are equipped with linens, blanwell as all essential furnishings.
	e nearby Spark by Hilton (719-593-9700) are available at a reduced rate of \$99 and mention "SRF Franciscan Retreat Center."
Please choose one: Retreat with lodging and meals Retreat and meals (no lodging)	
If you need financial assistance	to attend the retreat, please email <a href="mailto:rmyretreat@gmail.com">rmyretreat@gmail.com</a>
I would like to room with:	
	n meals are included: dinner on Friday, breakfast, lunch, and dinner on Saturday, lay. If you require gluten-free, please email <a href="mailto:RMYRetreat@gmail.com">RMYRetreat@gmail.com</a>

**Registration deadline is September 23, 2024.** Cancellations received before this date are refundable, minus a \$25.00 fee per registration. Cancellations received after this date are not refundable. Cancellations made due to illness are fully refundable; let us know as soon as you can.

#### Volunteers are needed!

Please complete the volunteer form on the next page.

QUESTIONS? Email RMYRetreat@gmail.com

#### **VOLUNTEER FORM**

## Self-Realization Fellowship Rocky Mountain Yogis Devotee-led Silent Retreat October 11-13, 2024

Name \_\_\_\_\_

Email	
Phone	
You must work, but let God work through you; this is the best part of devotion. If you are constantly thinking that He is walking through your feet, working through your hands, accomplishing through your will, you will know Him."  — Paramahansa Yogananda	
Thank you for your interest in volunteering at the retreat. Please indicate your preferences:	
☐ Transport supplies to and from retreat	
☐ Welcome Table and Check-in	
☐ Service Usher	
☐ Dining Room Usher	
□ Flowers	
□ Set up	
☐ Take down	
☐ Maintain break room	

If you have questions about volunteering, please email <a href="mailto:RMYRetreat@gmail.com">RMYRetreat@gmail.com</a>

Thank you for volunteering!